## **Anti - Doping Code**

Anti-doping programs seek to preserve what is truly valuable in sport. This value is often referred to as the "spirit of sport". The spirit of sport is a celebration of the human spirit, body and mind and is characterized by the following values:



ethics, fair play and honesty

respect for rules and laws

character and education

courage

self-respect and respect for other participants

excellent performance

togetherness and solidarity

joy and fun

health

devotion and awareness of responsibility

teamwork

